Denver Eyelid Specialists
Christopher Thiagarajah, MD, FACS · Oculofacial Plastic Surgery

8301 E Prentice Ave, Suite 403
Greenwood Village, CO 80111
Phone (720) 386-1989 · Fax (720) 386-2088

# Understanding Pre-Op Instructions

Please review these instructions carefully before surgery. Bring this sheet with you, and call us if anything is unclear.

**Surgery date** _____

**Post-op date** _____

Your post-op appointment will be at the office: 8301 E Prentice Ave, Suite 403, Greenwood Village, CO 80111.

The surgery center will contact you with your check-in time 1 day prior to surgery.

## Important — Medical Clearance

You are responsible for arranging and completing your medical clearance and making sure it is received by our office. Please do not wait until the last minute to arrange your clearance. Medical offices may require several days or weeks to schedule appointments, complete testing, and process paperwork. Medical clearances are valid for 30 days.

- ☑ If you do not receive confirmation from our office that your clearance has been received, you must contact your PCP or medical provider and ask them to send it.
- ☑ Do not assume your clearance has been received simply because your PCP completed the appointment or told you it would be sent.
- ☑ **Important:** Required medical clearance must be received by our office by the deadline provided. If we have not received your clearance by the deadline, **it is your responsibility to contact your medical provider and follow up.** Failure to obtain and submit required clearance on time will result in your surgery being cancelled.

If you do not obtain your medical clearance, your surgery will be cancelled.

## Pre-Op Instructions

- ☑ You must stop blood thinners before surgery as follows: aspirin 7 days, Advil/Aleve (NSAIDs) 7 days, Plavix (clopidogrel) 5 days, and Xarelto and Eliquis 3 days. Stop a prescription blood thinner only if your prescribing doctor says it is OK. We have included a list of common over-the-counter blood thinners.
- ☑ Stop any GLP-1 medications (Ozempic, Wegovy, Mounjaro, Zepbound, etc.) **two weeks** before operating-room surgery with anesthesia. Stop Jardiance **one week** before operating-room surgery.
- ☑ You **must** have someone other than yourself to drive you home after surgery. For your safety, you may not take a cab or use Uber. Your surgery will be cancelled if you have not made proper arrangements.
- ☑ No makeup, no jewelry, no contact lenses. Wear comfortable and loose-fitting clothing.
- ☑ If you take daily medications, you may take them with a small sip of water in the early morning. However, do not take any other medication for anxiety like Valium, because you need to be clear-headed to sign the anesthesia consents at the surgery center.
- ☑ Prescriptions will be sent to your pharmacy 5 days prior to surgery. They are to be used after surgery. It is highly recommended you pick them up before surgery.

## Surgery Cancellation / Rescheduling Policy

**If you need to cancel or reschedule your surgery, please notify us at least 10 business days prior to your scheduled surgery date.**

Cancellation or rescheduling requests made **less than ten (10) business days** prior to the scheduled surgery date will result in the following:

FUNCTIONAL

### Insurance-based procedures

A $250 late cancellation fee will be assessed to the patient.

COSMETIC

### Cosmetic procedures

A $250 late cancellation fee will be assessed to the patient. Deposit is non-refundable.

You are allowed to reschedule your surgery up to two times without penalty, provided we are given 10 business days' notice.

- ☑ Beginning with the **third reschedule, a non-refundable rescheduling fee of $250** will apply.
- ☑ Exceptions may be considered for medical emergencies or unforeseen circumstances, at the discretion of the surgeon.

## Refund Policy for Surgery Deposits

If you cancel or reschedule your surgery **10 business days or more** before the scheduled date, your deposit will be refunded in full, minus a 3% credit card processing fee (if paid by credit card). Please note that the **$200 cosmetic consultation fee** is applied toward your surgery if you schedule it within one year of your consultation; it is not refunded as cash. Surgery deposits remain valid for 12 months from the date paid. After 12 months, unused deposits are forfeited and may convert to a practice credit at the discretion of the office.

## Contact Us

### Denver Eyelid Specialists

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ASOPRS fellowship-trained oculoplastic surgeon
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**Main office**
8301 E Prentice Ave, Suite 403
Greenwood Village, CO 80111
Denver Tech Center, near I-25 & Orchard Rd

**Also seeing patients in**
Vail, CO · Scottsbluff, NE (Oregon Trail Eye)